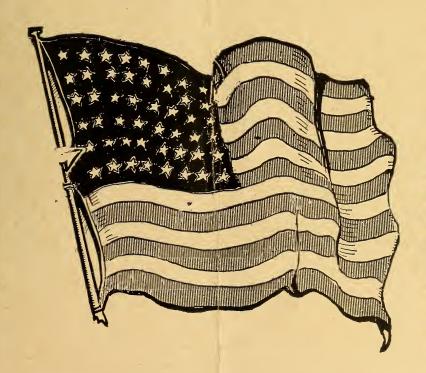
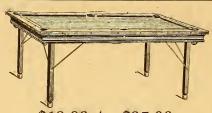
Boston & Maine

# Railroad Men

MARCH-APRIL, 1917



PUBLISHED MONTHLY BY THE BOSTON & MAINE
RAILROAD DEPARTMENT, YOUNG MEN'S CHRISTIAN ASSOCIATION
CONCORD, N. H.



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"Promptness and Good Work" is our motto.

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All Kinds of Plain and Fancy Work. We Aim to Please. Give Us a Trial.

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Men's Bass & Co.'s Work Shoes for hard service.

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#### **BOSTON & MAINE**

## RAILROAD MEN

Vol. XXI

MARCH=APRIL, 1917

No. 2

To the Man Who Has Recently Joined.

Your entrance into the membership of the Railroad Young Men's Christian Association is greatly appreciated by the organization, and we bid you a real welcome. The privileges of the building are at your disposal, and you are urged to make unlimited use of them. You are now a stockholder in the organization and its benefits are yours, as a matter of right.

INSIDE INFORMATION. You are entitled to know something about the general plan of organization. The Railroad Associations of the United States and Canada are a part of the great world-wide brotherhood of the Young Men's Christian Association, whose object is the physical, intellectual, social and spiritual development of men. Every member is privileged to enter into these phases of activity as far as he may desire. The organization is governed by a Board of Managers, who have direct supervision of the staff of Employed Officers known as secretary and assistant secretaries. These men are here to be as helpful to you as they possibly can. They give you this service, not as a favor to you, but because it is their business.

FINANCIAL SUPPORT. The Association is supported by the joint contributions of the members and the interested railroad companies. If the full *pro rata* 

cost were charged for membership, the fees would be prohibitive to the majority of those who use the membership privileges. In some instances it is necessary to make an appeal for outside subscriptions in order that the Associations may close their books with bills paid.

The Motive of Membership. Experience shows that, while most men join the Association to take advantage of the benefits offered, they eventually come to regard membership in the Association as a matter of principle, and they support the work because they believe in it. It is hoped that the number of men holding this view of membership will constantly increase. This does not mean that the privileges should be used less, but simply that the member's good will toward the organization should grow with his experience.

THE BROTHERHOOD FEATURE. By agreement between the Associations, a five-dollar ticket in any local organization will be recognized for privileges of equal value wherever the ticket may be presented. A membership ticket thus serves as a valuable introduction when traveling, or when on duty at the opposite end of the line.

GETTING ACQUAINTED. Formal introductions are not necessary among Association members. "Equal rights for all, and special privileges for none," is a fundamental principle of the organization. The spirit of friendship prevails and you are asked to contribute your friendship to the general good. Don't be afraid to go half-way, or even a little more.

No Delivery Wagons. In order to receive the full benefits of the organization, it is necessary for you to come to the building. The privileges are not portable, to any great extent, although some features, such as the library, can reach you at home. For the most part, you must come to the building to take advantage of its benefits. There are many features to which invitations are also extended to your families and friends.

"What Does the Association Expect of Me?" That question will be in the minds of new members, generally. To put it briefly, it expects your loyalty. It expects that you will be a "booster" whenever opportunity affords, just as you would be if you were a member of any other organization. Boosting is conducive to a healthful attitude of mind, and all the world loves an optimist. The Association management hopes that you will constantly be found in that frame of mind toward its endeavor.

BE A MIXER! Attend all of the Association events that you can, and throw your influence on the constructive side of things. It takes a good man to be a builder. Anybody can tear down. Represent the best type of member by speaking a good word for the organization, and introducing your friends to its value.

Following this simple course will get you a reputation as a thoroughgoing Association man, who can be depended upon to do his best.

#### What is Back of It All?

JOHN R. MOTT.

"What is back of it all?" was the question of a guardsman on the Mexican border the other day as he saw the prompt, efficient and comprehensive way in which the Young Men's Christian Association had risen to its opportunity and had planted a chain of forty buildings along more than one thousand miles of the boundary. equipped them with facilities for ministering to the comfort and profit of the troops, and manned the enterprise with one hundred and fifty capable workers. The same question arises in the minds of others when first confronted with this Movement which is manifesting itself in so many different forms and adaptations in its service for men and boys the world over. At the beginning of a new year, with its limitless possibilities for larger and better things in the life of the Associations, it is well that we, its members and friends, make this guardsman's question our own. As we apply and press the question with reference to the past and the present, may it not reveal the secret of a far richer, more productive, and more helpful future?

Why have Young Men's Christian Associations been planted in nearly 3,000 centers in North America? Why have over 700,000 young men rallied to their membership? What has made these societies a principal factor in influencing for good the ideals and habits of millions of the youth of the present and the preceding generation? Why has the Association become one of the recognized educational movements of

our day? Why has it won a unique place in the development of the physical life and efficiency of boys, young men, and women of middle age?

What has led discerning men and women of means to invest in Association buildings and building funds in North America alone \$100,000,000, and why have these sums increased decade by decade almost at a geometrical rate? Why have the rich, and those of small income as well, come to the support of this institution with increasing sums from year to year until they now supply annually for current expenses over \$14,000,000? What explains the fact that railroad companies and industrial corporations have devoted over \$6,000,-000 from their regular funds for permanent equipment for these Associations at work among their employees? Why do the workingmen themselves give to the same cause out of all proportion to their relative ability?

What is there about this Movement which has attracted more than 125,000 railway men into its ranks? What has attached 75,000 students and professors to the Association and made this organization the great fact in the religious life of our colleges and universities? What has made the Association such a power among negro young men in the shaping of character, in the raising up of leaders for the colored people, and in promoting right race relationships that one of the most eminent Hebrew citizens of the nation has devoted hundreds of thousands of dollars to providing buildings for negro young men in connection with this Christian institution in our principal cities? Why have the War and Navy Departments of the Government and the military and naval officers of our forces given every

facility for furthering this work among the men in both arms of the service?

Why have the leaders of virtually every nation now at war welcomed the co-operation of the North American Associations on behalf of the tens of millions of men in the training camps, in the reserve camps, in the trenches, in the hospitals and in the prisoner-ofwar camps? What led the missionaries, the civilians, and the government officials throughout the non-Christian world to appeal for the help of this particular organization, so that as a result it has within less than a generation been transplanted from our shores to nineteen countries in Asia, Africa, and Latin America? Why in the pathway of the work of the Associations has the Christward movement among young men and boys increased in volume? Why do the leaders of the churches regard the Young Men's Christian Association as such an indispensable servant? Again in the words of the guardsman, "What is back of it all?"

Back of this wonderful progress and achievement lies the deep and clear conviction of men who have studied the facts about the life of young men, that the Young Men's Christian Association is peculiarly fitted to meet their needs and to develop, conserve, and call into helpful action their powers.

The careful thought and attention of thousands of the ablest laymen have been devoted through the various local, state, and national boards and committees to the supervision of these Associations. No organization of modern times has so pooled the leading and productive brains of the day for the study of its problems and the guidance of its affairs. What does it not owe to the

counsel and suggestion of men of organizing and administrative genius and skill?

The Association, as its name implies and as its history shows, is a product of team work and team play. Its members have exemplified a rare power to co-operate. The Association has blended in common effort the most active, progressive, and fraternal men of all the churches. There is no team work like that of a group or a body of men who have lost themselves in some great cause. This makes possible results in the influencing of a community or a nation which would be absolutely impossible were these men to confine themselves to working in separate detachments.

The unselfish use of money has been a potent factor in the achievement of the Association Movement. What is money? It is stored up personality. Think of what a force has been released and put to work through the many millions devoted to this object. What use of money could be more productive than that of relating it to the plans which have to do with determining the character, activity, and destiny of the young men of a nation. Can we wonder that men and women have been willing to give Association buildings for this work at home and abroad, and to assume the support of secretaries to plant and extend the Movement.

"What is back of it all?" The visions, the enthusiasms, the spirit of adventure, the readiness to attack hard things which characterize boyhood and young manhood. Their responsiveness to high duty, their invariable willingness to undertake large projects, and their ability to rise up under the weight of great responsibility, explain why this Movement has been helped rather

than hindered by its chief difficulties and its most baffling situations.

The explanation of the achieving power of the Association lies further back than has been thus far indicated. Its unselfish motive and its passion for helpfulness go far to explain the wonderful results. President Wilson, in laying the corner-stone of the Association building at Atlantic City, emphasized this principle, "Nothing is more vital to this country than the association of men together in things that are not for private interests. No man ever organized a Young Men's Christian Association for his own benefit. man ever expected, if he were a true man, to make a spiritual profit out of it. Because if you try to do good to other men for your own sake, you don't do it for them. The only thing that can vitalize a great association like this is for men to forget themselves and try to serve others." It has been the working of this vital principle which explains the great creative power of the men who have most influenced the character and spirit of the Movement.

"What is back of it all?" The Christian Church. It should ever be held in prominence that the springs of the Young Men's Christian Association are in the churches.

Back, back of all stands the Lord Jesus Christ—the Fountain Head of all vital or life-giving energy. All in the Young Men's Christian Association that is enduring, all that is truly multiplying, all that has had or still has transforming and world-conquering power is traceable to Him. Back of the vast numbers and the mighty organization, back of the money power and the power of human personality, back of gifts of leadership of committees and secretaries, back of the strat-

egy and the statesmanship, back of the wonderful volume of human devotion and activity—in its true relation to the Living Christ is the secret of all that is best in the life of the Young Men's Christian Association. As we face the coming years, we do well to remember that He is the same yesterday, to-day, and forever. In proportion to the reality and intimacy of the relation existing between the leaders and members of the Associations and their Divine Lord will be the productive power and spiritual outreach and influence of the Association Movement.

#### Here and There.

We are attempting, through RAIL-ROAD MEN, to keep our membership informed as to what is going on both in our own Association and in the Association world at large.

This building, with its activities both in and outside the Association, is a unit in the Railroad Department of the Young Men's Christian Association. A well defined policy and plan of operation are back of it all. To cultivate an interest in and a loyalty to this Association program on the part of our membership is the aim of this publication.

Following are the new members and renewals for the month of February: M. F. Varney, F. P. Mitchell, Samuel Gathier, Percy Castican, E. R. Fontaine, George Lyna, L. R. Case, G. B. Caswell, Roland Foy, P. C. Johnson, J. A. Longstaff, G. A. Silva, C. H. Evans, Roy A. Heath, N. Albernese, R. D. Coates, W. J. Plummer, J. R. Burns, P. Caswell, Proctor Hayward, T. A. Dalton, P.

Davis, A. B. Thomas, C. F. Dowrey, H. L. Harvey, Edward Mahoney, H. C. Clark, M. J. Burke, A. Watkins, H. G. Bailey.

The memberships and renewals for March are: H. E. Wright, E. A. Chase, J. E. Sutherland, Earle Bradbury, W. S. Littlefield, R. B. Snelling, L. H. Harriman, D. J. Charpentier, A. H. Dow, L. F. Boisvert, W. W. Cleary, C. F. Ames, Alex Staves, E. D. Page, W. E. Byam, J. M. Dennen, F. A. Woodward, H. J. Thompson, G. H. Stearns, L. W. Hoyt, E. H. Prescott, J. E. Prescott, J. W. Haynes, F. G. Hatch, H. A. Beaulieu, L. L. Taylor, T. A. Costigan, V. Sayter, E. L. Rankin, F. R. True, E. F. Chase, G. H. Pearson.

This is an invitation to every man employed by the B. & M. and its affiliated interests, who is not already a member, to get into the R. R. Y. M. C. A. Its a man's organization, occupying a man's place, doing a man's job by day and by night. The physical, intellectual and moral things which this Association stands for are standard—standard with every right-minded man. They deserve your support if you care about the kind of men with whom you live and work. The total membership to date is 574.

One of the pleasant little home touches of the Family Sunday meeting this month was the singing of "Easter Dawn" by Ernest Smith. The words of this production were written by Mrs. G. A. Sibley, one of our Auxiliary members.

Auxiliary members—New and Old—save Tuesday afternoon, April 10, for the new members' social.

The House Committee has plans under way to put new book cases into the

#### **BOSTON & MAINE**

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RAILROAD DEP'T Y. M. C. A.,

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#### Committee of Management.

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J. T. TURCOTT, Chairman, C. L. MASON, Committee.
U. S. DUNCAN, Department Secretary.
OLIVER T. SPAULDING, Assistant Secretary.
HARRIE A. BRAGG, Assistant Secretary.
W. W. BRIGGS, Clerk.

reading-room. We are indebted to Mrs. E. C. Gordon of this city, for the gift of a number of books.

A choice collection of religious work books has been selected for the office library. These are for reference work and we want our members to use them for reading and for studying. A list of the books will be published in the next issue of B. & M. Men.

Any old bunch of fellows, anywhere in the building, anytime, day or night—during the last two months—if they happened to be in conversation, and you slipped up and listened, you would hear but one topic, "The New Book of Rules." There were sighs of relief when the time to write them up was extended to April 1.

To quiet the nerves of the fellows, the Association arranged to have an expert twice each week, if possible, come to the building and expound the



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new doctrines of railroad procedure. Through the courtesy of Supt. H. C. Robinson, Mr. M. A. Randall, B. & M. Examiner, was secured to hold a series of conferences in the building on such evenings as would enable the largest number to attend. The men were urged to bring in any questions relative to the Book of Rules about which they had been seeking light. Announcements of the meetings were made in the lobby of the building, and on the bulletin boards at the engine houses and yard offices. Five meetings were held, with an average attendance of 55. Thank you, Mr. Randall, for your services. Come again.

"One of the best meetings of the series" was the verdict concerning the February Family Sunday Service, with Rev. C. L. Corliss as speaker. Frank Vinton helped the song service materially with his trusty violin. Mr. Augat led the March service and with Mr. Titcomb to lead the music, this meeting was equally helpful.

The series of shop meetings in February, under the leadership of Rev. J. Kirkwood Craig, were decidedly helpful. His appeals have struck home in a number of cases. The closing meeting was held in the mill room, Thursday, March 1. Other speakers were Dr.



STATE BOYS' CONFERENCE, MANCHESTER, N. H.

George H. Reed, Rev. Mr. Alton, of Lincoln, from the House of Representatives, and Martin Sandquist. Two of the interesting speakers during March were Rev. Mr. Bradeen of Wentworth, formerly a pastor in this city, now a member of the legislature, and Rev. C. L. Chamberlain, of Lakeport.

The pocket billiard tournament is progressing nicely, though Charles Sawyer seems to be trimming all comers.

Through the kindness of local merchants, the chairman of the Social Work Committee has been able to make a substantial award each week to the high-string man in the members' bowling contest. A. D. Martin won out the first week and Percy Davis the last two weeks. In each case an order for merchandise has been given the winner. Hardy & McSwiney, A. P. Fitch Co. and Thorne Shoe Co. have made contributions thus far.

Percy Davis developed such a "reach" in the bowling contest that he can now almost push the pins over with his finger tips. At any rate he so far outclassed all the rest of us that we dug up a technicality and with his consent ruled him out of the "free for all." He will continue to "show 'em" on the side. His highest score was 122. Other

high scores have been made from week to week and a good interest has been kept up.

We were glad to see that such a number of fellows who returned from the border made use of the thirty-day ticket issued by the Border Associations. Many of the fellows who never tied up to the Association before are joining now after seeing the real spirit back of the work as exemplified in the border work.

A real "nifty" luncheon was served to the workers in the Auxiliary membership campaign, Monday evening, February 26. The following menu speaks for itself:

Billy Fair.

Faith Stew, flavored with Possibilities. Sawdust Patties, fried in Tar.

Gumsumptionaikenfletcher Roots.
Saw Filings. Sassafras.

Conundrum Pie.

Wind Pudding, with Aeroplane Sauce.
Vinegar. Aloes.

Music furnished by the "We Should Worry" Orchestra.

As 'a, perhaps, unnecessary corollary the following remedy for indigestion was attached: "Go to any local drug store, buy a dozen charcoal tablets, secure a good garden spade, dig a trench, 12 feet long, 2 feet wide and 6 feet



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Two books of interest to the men who use the reading-room have been added to the list on the tables. They are a "Locomotive Dictionary," of 991 pages with over 2,500 illustrations, covering the entire field of locomotive construction as well as many other up-to-date articles on allied subjects. The other book is a "Car Builders' Dictionary," which covers all the latest information as to the construction of railway cars and their accessories. Take a look at these books when you come into the building.

A group of men in the shops has decided to come together for a half hour's discussion Friday noon of each week. The line of thought that is being taken up is outlined in a pamphlet, entitled "Under Orders," written by David G. Latshaw of the Religious Work Department of the International Committee. The men are enjoying these informal chats.

Following are some figures brought out in the recent conference at the office of the State Secretary at which 21 of the 31 employed officers of the N. H. Associations were present:

In accordance with our agreement with the new State Secretary to give a lift whenever possible, the Secretary went to Hancock for a week end to help a Dartmouth delegation in a series of meetings. The series included a father and son banquet, a mother and daughter banquet, Sunday morning church service, men's meetings Sunday afternoon and a union service Sunday evening.

The union mid-week prayer services have, during the past two months, showed a fine spirit of co-operation among the churches of Concord, and the suggestion made that the Laymen's League, the churches and the Associations get together for a short series of special services before Easter resulted in a week's union services long to be remembered by those who had the privilege of attending.

A Sunday evening illustrated talk on the border work was given by the Secretary before the men of New Boston last month. This was the first meeting of an open forum series to be given by the men who have recently organized a local Y. M. C. A. unit and which may result later in an organized work for Hillsborough County.

The semi-annual conference of the Secretaries of the Associations of the B. & M. R. R. system will be held in Boston, Tuesday, April 10. Some of the topics for discussion are: "A prac-

	Man. chester.	Berlin.	Nashua.	Concord City.	Concord Ry.	Total of Concord.	Keene.	Ports- mouth.	Total for six Cities.
Budget,	\$27,000	\$18,029	\$14,500	\$5,500	\$7,500	\$13,000	\$5,500	\$3,500	\$94.529
Subscription,	4,500	13,000	4,200	3,500	1,200	4,700	1,500	1,800	34,400
Endowment,	none	none	22,000	4,000	none	4,000	700	6,500	37,200
Members,	1,009	1,118	840	275	574	849	204	160	5,029
Membership fees,	7,000	5,500	4,000	850	1,200	2,050	800	800	18,950

These figures do not include County and Student Associations.

tical and efficient program for the B. & M. Associations," "What work can be

done for the sons of railroad men,"
"The Association's place in mobilization," "Practical results in assimilation
since the membership campaign."

The annual state checker tournament will be held, as usual, in our building on Fast Day. Players from all over the state will be in attendance. Local players are urged to "get into the game."

Through the interest of a friend of the Association, we are to have a week's religious campaign for men and boys, May 7-13. E. C. Mercer and Tom Farmer of New York City, will conduct the series of meetings. The detailed program is to be worked out and will include a number of shop meetings.

The Woman's Auxiliary closed its membership contest last month with 114 new members. As the goal was only 100, this is an exceptionally good showing for the Auxiliary. Those who had to do with the carrying out of the campaign are desirous of expressing their appreciation of the faithful work done by the captains and the members of the teams. Bigger and better service is ahead for the Auxiliary.



PERLEY A. FOSTER.

Recently promoted to position of State Secretary of the Young Men's Christian Associations of New Hampshire. Someone should at this time take up the matter of backyard and vacant lot gardens on a city-wide scale. The produce thus raised under competent supervision would give invaluable training for the boys and girls, as well as a good lesson in household economy for grown-ups. At the present writing potatoes, pearls and fords are about on a par—and we should all be studying ways and means of giving old H. C. L. a severe jolt.

A conference of all the employed officers of the state was held at the State office, Tuesday, March 6. The newly-elected State Secretary presented at that time, for the consideration of the men, a plan that is aimed to put the work throughout the state on a firmer footing. Employed officers throughout the state have pledged their hearty support of any program that will raise the standard of efficiency of the work in the state, and they will do what they can to promote any that will enable the Associations to more fully realize their high aims.

The National Committee of Transportation has been advised through the executive officers of the R. R. Department that the Associations can be counted on for patriotism, loyalty and co-operation in the pending crisis. Dr. Munn has advised that the Associations, in so far as they are able, without jeopardizing the necessary work for railroad men, are at the service of the country.

How did we do it? Really, it is so sudden! Then, too, in New England, we always did do it this way. Further, we never did do it that way, and besides we tried it once and it did n't work. So there. Can we really hope

that we in New Hampshire are going to be in the vanguard in the fight against the greatest of all our national forces for evil, "The American Saloon"? Now for National Prohibition.

#### Facilities Much Used.

NEARLY EIGHT MILLION VISITS MADE BY SOLDIERS TO ASSOCIATION BUILDINGS.

The statistical reports covering all building activities, from the completion of the buildings in July and August last to February 28, 1917, indicate in a most striking way the extent of the use of the Association facilities. The figures follow:

Estimated attendance	7,871,468					
Estimated number of letters written						
(free stationery furnished)	5,059,274					
Estimated attendance at entertain-						
ments	2,851,316					
Estimated attendance at lectures	105,494					
Estimated attendance at religious						
meetings	681,407					
Bible classes	13,663					
Forward step decisions	20,012					
Joined Enlisted Men's Bible and						
Prayer League	14,154					
Decisions for Christian life	13,845					
Renewal of Christian purpose	2,242					
Personal interviews	22,375					
Scriptures distributed	45,470					
Visits to sick	67,680					
Pieces of reading matter distributed	398,921					

Colonel Healey, of the 1st New Hampshire: "I want to thank the Y. M. C. A. for what it has done for the men. Previously I had no idea of the work of the Y. M. C. A. as compared with what I have seen done here. I am in hearty sympathy with the Association and will do all I can for it in the future."

#### Results of Prohibition as Denver Paper Sees Them.

The *Denver Post*, a paper which until the law went into effect did not favor prohibition, has the following to say on the value of the new law:

"Denver and Colorado now have had a year of prohibition and prohibition is an unqualified success.

"Those who were temperance advocates before the dry law went into effect are jubilant; those who were opposed to the measure are astonished to find themselves won over wholeheartedly to the cause. Here are the facts of Colorado under prohibition rule:

"The state and city are more prosperous.

"The banks are filling up with the people's savings.

"Retail merchants are doing a better business than they ever did before the saloons were closed.

"The county jail is half empty.

"The city jail has fewer occupants than ever in its history.

"Divorce suits constantly are growing less.

"The municipal free lodging house has 40 per cent. less applicants for bed and board than it had a year ago and the class is more deserving.

"The state penitentiary soon will have to close down one wing on account of lack of occupants.

"Churches record increased attendance.

"Physicians find the health condition of the people better.

"School children are better clothed.

"Crime has diminished to a wonderful extent.

"Vagrants and tramps have almost wholly disappeared.

"Homes that were made unhappy through intemperance know a hitherto undreamed of peace and contentment.

"Everybody is happier, saner and better able to cope with the business of life.

"Materially and ethically the people have made a stride forward in a single year that could not have been accomplished in a generation with licensed saloons.

"Were the question of prohibition to be resubmitted to the citizens of Colorado to-day there is no doubt but that a majority of those who voted against the measure before would be lined up solid for it now.

"The saloon has been banished from Colorado forever."

John Barleycorn, sez—sez he: "Woe is me! National Constitutional Prohibition is coming fast! Alas! 25 states have legislated me out of business, 11 within 26 months. When 11 more states, or 36 in all, are dry my banishment from the U.S. will be a sure thing. It looks to me as if I'd get my walking papers inside of three years."

#### Honor Roll.

STATES AND TERRITORY WHICH HAVE OUTLAWED THE LIQUOR TRAFFIC.

Maine Oregon
Kansas Colorado
North Dakota Iowa
Oklahoma Arkansas
Georgia Idaho
Mississippi South Carolina
North Carolina Virginia

Nebraska

Tennessee

West Virginia South Dakota
Alabama Michigan
Arizona Montana
Washington Alaska
Indiana Utah

STATES TO VOTE ON STATE-WIDE PROHIBITION.

Wyoming New Mexico Iowa Minnesota

#### Ask Dad-He Knows!

By Charles R. Scott.

What do Connie Mack, Mike Donovan, "Home Run" Baker and other well-known athletic men say about cigarettes?

Why does the fire department in many of our cities forbid smoking in factories, offices, etc.?

What poisons are found in the paper and tobacco of some cigarettes?

What effect has nicotine on a cat or frog?

How many students who smoke cigarettes graduate at the head of their classes in college?

Why do so many business firms refuse to employ cigarette smokers?

Why does the state have an act to prohibit the sale or gift of cigarettes to any person under the age of 18 years?

What effect does cigarette smoking have on scholarship as shown by school records?

How many railroads refuse to engage men who smoke cigarettes?

Does cigarette smoking decrease or increase the heart action?

What do the best medical authorities say about boys smoking cigarettes?

Why do athletic coaches require abstaining absolutely from all forms of tobacco while training?

#### Facts About Cigarettes.

Hudson Maxim, the noted inventor of explosives, says: "The cigarette is a

maker of invalids, criminals and fools."

The Cadillac Motor Company, of Detroit, employing more than 7,000 men, announces: "We will not hire anyone whom we know to be addicted to this habit."

Thomas A. Edison, of world-wide fame, points out the harm in this practice, and says: "I employ no person who smokes cigarettes."

Henry Ford, maker of automobiles, says: "The boy or young man whose brain is fogged by the use of cigarettes finds himself hopelessly handicapped."

Ty Cobb, famous baseball player, adds: "Cigarette smoking stupefies the brain, saps vitality, undermines one's health, and lessens the moral fibre of the man."

#### Are Any More Facts Needed?

Summary of an Interview with Dr. John R. Mott at Hanover, February 18, 1917.

The following suggestions given by Dr. Mott to the employed officers of New Hampshire at a conference at Dartmouth College, February 18, are based on his observation among the thousands of associations visited in more than forty countries of the Old and New World. These rules are applicable to all Associations, whether large or small, and this ought to be a matter of encouragement to us.

I. The presence of very serious difficulties makes possible the largest success. It brings out the best there is in

us and appeals to the strongest men in the community. Real men want real hard tasks to perform and if a man's job is put up to them they will respond.

- 2. There must be a few men tremendously in earnest. It may be only one or two. We have a few such men in our local Association. We ought to have more.
- 3. Perseverance; first ask yourself the question, "Ought this thing to be done?" If so, keep the goal in mind and work toward it even though it may be a long and difficult campaign. The plan of campaign may be in the nature of siege work, to change the attitude of a community, or of a man. Whatever it is keep at it.
- 4. There must be a definite, comprehensive and aggressive policy. Is this our weak spot?
- 5. A study of the field, its problems and its opportunities. Real leaders study and make a survey of the field. "Time taken to sharpen the axe is not lost."
- 6. The General Secretary if true to his distinctive mission or function, is to raise up and weld together a force of laymen; to get an increasing number of laymen at work. The latter point has been one bright spot in the work of this Association for the past year and a half. One member of our Committee of Management in his two-fold capacity as a personal worker in his church and as a worker in the Association can count 19 persons who have been won to the Christian life, and brought into the church, through his efforts. This does not take into consideration the children who have been hunted out, clothed, and gotten into the Sunday School.
- 7. Bible study is the dynamo of the successful Association. It releases Light, Heat and Energy. The Light is God's

Will; the Heat is Contagious Enthusiasm; the Energy is like the small streams rising in solitary places and, flowing together, forming the mighty river. The laymen at work in the Association, each doing their allotted part, make up the forces that may be wielded with tremendous influence in the community.

- 8. The successful Association keeps in touch with the whole Brotherhood, through its Publications, Conventions and Conferences.
- 9. The successful Association has the world-wide horizon of Jesus Christ. Every blow dealt in China or Japan through the Foreign Work Department strengthens the parent Association.
- 10. There can be no successful Association, in the real sense of the word, if prayer is not given the most prominent (important) place.

Finally, we may ask what is "organization?" Thinking of it in the sense of which we speak when we say an Association is "well organized." Dr. Mott gives us a definition secured from one of our workers in China, "Organization is the means of distributing force most advantageously (in such a way that it won't be lost)." This applies to personalities in the town, to money given, as well as to the prayer force of the community. All of these forces will be placed to the best advantages in a well organized Association.

#### State Office Notes.

The State Executive Committee held a committee meeting January 31 at the State office. Mr. Ernest P. Conlon was elected State County Secretary to succeed Mr. Perley A. Foster, elected State Secretary. Mr. Conlon comes to the

State Committee the first of April from Norfolk County, Mass., where he has been County Secretary for the past six years. Mr. Conlon has had fourteen years of Association experience. The State Committee consider themselves most fortunate in securing him. It was voted at the January meeting to hold the State Boys' Conference for next year at Manchester. This action was taken in response to an invitation from the Manchester Young Men's Christian Association, Manchester Publicity Association, Chamber of Commerce and the Ministers' Association of the city. The State Executive Committee have been very unfortunate in the loss from the committee of Mr. Robert B. Wolf. Mr. Wolf has gone to Sault Ste. Marie, Ontario, with the Spanish River Pulp and Paper Mills, Ltd. Mr. Wolf was also President of the Berlin Association.

A determined effort to pledge a proportion of the State Committee's budget during the first month of the year was made. The present fiscal year began February 1. As the result of a conditional offer of \$1,000, provided \$2,000 additional were raised, the State Committee now have in the first month of the fiscal year \$3,000 pledged towards the year's budget.

The will of the late Daniel Clark Remich, of Littleton, N. H., left \$6,000 "to finish off suitable quarters for a civic center or Y. M. C. A. rooms in the Littleton town building." The State Committee is in touch with the executors to assist in the direction of any effort undertaken.

The reunion of the boys of Camp Belknap is to be held at the Nashua Association building, March 17, afternoon and evening. It is hoped that "Pa"

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Watson will be able to be present. Last year 70 boys attended the reunion at the Lowell Association.

The State office has been furnishing leadership for the Deputation Teams sent out from Dartmouth College and New Hampshire College. Up to date 12 teams have gone out from both colleges. Eight more trips are also planned. This will make in all 20 trips from the two colleges, four from New Hampshire College and 16 from Dartmouth College. Figures on the first 12 trips include 61 meetings; total attendance, 4,374; number of decisions for the Christian life, boys 95; number Forward Steps, boys 138, girls 29. Each team consists of three to five students accompanied by an adult leader, usually one of the Y. M. C. A. Secretaries of the State. The Christian Association in each college and the boys who go out on the trips deserve full credit for the work of the teams. The State office has

simply made sure that local arrangements were perfected for the reception of the team and that adult leaders were supplied for the various trips.

The Cheshire County Boys' Conference comes Friday evening, Saturday and Sunday, the 9th, 10th and 11th of March. The Conference theme is, "The Ideal Boy." Mr. John T. Sproul, President of the Coal & Iron Bank of New York City and a member of the State Y. M. C. A. Committee of New Jersey, will be the main speaker. Mr. Conlon, the new State County Secretary, will also be one of the speakers.

The Sullivan County Boys' Conference, March 23, 24 and 25, is at Claremont. Mr. H. W. Gibson, State Secretary for Boys' Work in Massachusetts and Rhode Island, will be the main speaker. Mr. Foster, State Secretary, and Mr. Conlon, State County-Work Secretary, are also on the program.

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